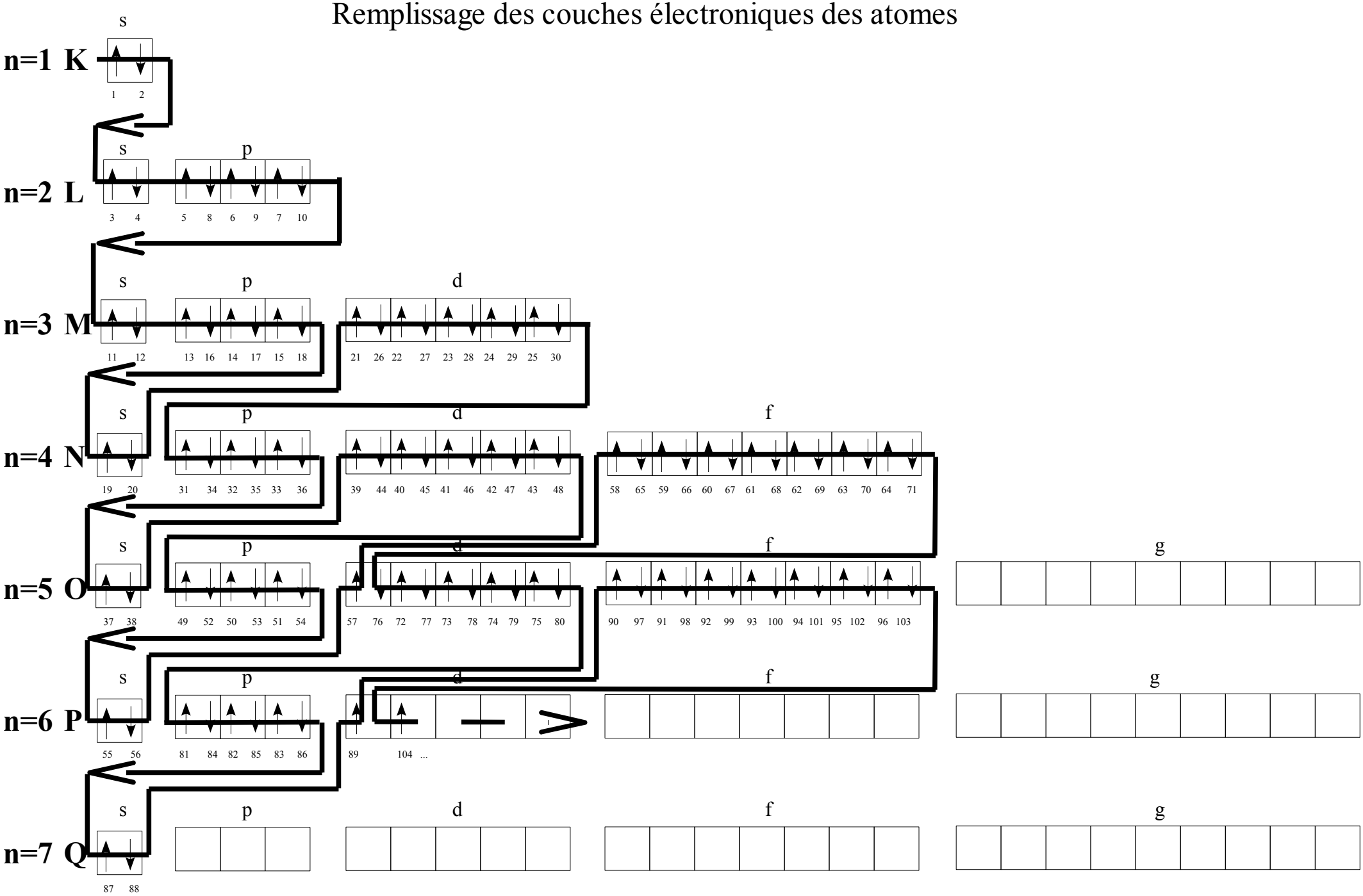Remplissage des couches électroniques des atomes